Name

Course and Section Number

Date

# Unit 2 Assessment APGAR Worksheet

## Instructions:

Before attempting this activity, be sure to complete the topic “Assessing the Neonate and Problems of the Newborn.” In that topic, you are required to watch “APGAR Score,” and apply “Calculating the Apgar Score.” The assigned activity is based on your experiences with that content, as well as your understanding of APGAR.

Reflect on your observations and experiences while engaging with the content. Then complete this worksheet.

Respond to the following. Be sure to respond to each in 2 or 3 complete sentences. Use either internal or external sources in your responses. Be sure to include a reference and a citation to your source using APA.

* Why is the APGAR score used to assess a newborn twice, at one and five minutes after birth (include at least one reference)?
  + At one minute?
  + At five minutes?
  + Twice?
* What does it mean if a newborn receives the following scores? Include: Is the newborn in danger? How should the providers respond to the scores (include at least one reference?
  + A score of 4 at 1 minute and 7 at 5 minutes?
  + A score of 2 at 1 minute and 4 at 5 minutes?
  + A score of 6 at 1 minute and 4 at 5 minutes?
  + A score of 7 at 1 minute and 9 at 5 minutes?
* How could you offer support to parents of newborns whose APGAR scores indicate they may be in danger (include at least one reference)?